

July 14, 2025

To: Vladimir Totović – Foundation

Re: Report on experience at the 15th International Junior Academy

Adel Stoyanova
Astana, Kazakhstan

I had the privilege of participating in the 15th International Junior Academy held in Bordeaux, France, in July 2025. This enriching experience brought together young medical professionals and researchers from across the world to engage in high-level academic exchange, case discussions, and collaborative learning. As a young trainee, I found the Academy to be both professionally rewarding and personally inspiring.

One of the highlights of the Academy was the opportunity to present a clinical case titled “*Monomorphic Epitheliotropic Intestinal T-cell Lymphoma (MEITL)*”, a rare and aggressive subtype of T-cell lymphoma. Preparing and delivering this presentation allowed me to consolidate my diagnostic reasoning, histopathological analysis, and communication skills in front of an esteemed international audience, including Professor Martin-Leo Hansmann.

In addition to my presentation, I attended numerous case-based discussions and seminars led by senior pathologists and clinical mentors. These sessions provided invaluable insights into diagnostic challenges in various areas, such as soft tissue tumors, pediatric pathology, and autoimmune diseases. The format encouraged active participation, critical thinking, and constructive feedback.

The Junior Academy created a unique platform for peer learning and international networking. I had the opportunity to engage in thoughtful discussions with colleagues from Europe, Asia, Africa, exchanging ideas about clinical practice, training structures, and research opportunities in our respective countries. These interactions were not only academically stimulating but also broadened my global perspective on pathology.

Participating in the Academy enhanced my confidence in presenting complex pathology cases in English and strengthened my commitment to continuing medical education. I was particularly inspired by the interdisciplinary nature of the discussions and the collegial environment that promoted learning from both faculty and fellow residents.

This experience also reaffirmed my interest in integrating molecular pathology techniques—such as real-time PCR and genomic profiling—into routine diagnostic workflows, especially

for complex or rare malignancies like MEITL. It has motivated me to explore further opportunities for training and research collaboration in Europe.

In conclusion, the 15th International Junior Academy was an exceptional academic and professional development experience. I am deeply grateful for the opportunity to participate, for the support I received from the organizing committee and the scholarship foundation, and for the collegial spirit of all participants. I return to my work in Kazakhstan with new knowledge, global connections, and a renewed passion for pathology.

Sincerely,

Adel Stoyanova, MD, MPH, PGY-1

A handwritten signature in black ink, consisting of a stylized 'A' followed by a horizontal line and a small dash.